

PATIENT USER GUIDE & SAFETY INSTRUCTIONS

We're confident that the Free Spirit Knee and Leg Walker will give you the comfort and performance you want during your healing process. Before using your unit, please refer to the information below to ensure your safety and comfort. The tiller (handle bar) is shipped unassembled. Slip the tiller over the front bracket. Insert bolts through bracket and tighten nuts. Slip the padded knee rest into the hold provided. Lock it in place at the desired height, using the black knob and bolt provided. Tighten the knob securely.

CAUTION: When unit is in use, make sure black pull pin on tiller latch is in the closed position and quick release lever is folded in toward unit.



- A. Adjust the tiller up or down according to your height. Make sure the knob – is fully tightened.
- B. Adjust the padded knee rest up or down according to your height. Make sure the knob is fully tightened.
- C. Check to make sure the Safety Lock Lever is tight at the tiller latch.
- D. Test the loop hand brakes to ensure that they are in good working order.
- E. Locate the Hook & Lock Strap used to secure tiller during transportation or storage.

When you start using your Free Spirit™:

- · Practice turns slowly until you get the "feel" of your unit.
- · Do not mount or dismount on an incline.
- · Stay on hard surfaces and off grass and sand.
- · Do not use on or over stairs.



ADDITIONAL SAFETY TIPS

- · Do **NOT** use on stairs or an escalator.
- · Do **NOT** let someone push you. The Free Spirit[™] is not designed to be used as a wheelchair.
- · Do **NOT** stand on your unit.
- · Children under twelve should not use the unit without adult supervision.
- · Always lock the loop hand brakes when getting off the unit.
- · Do **NOT** try to ride your unit over curbs or rough terrain.

Following common sense safety is the key to an enjoyable and safe experience on your Free Spirit™ Knee and Leg Walker.



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FOLDING FOR TRANSPORT - To Fold The Steering Column (Mast) For Easy Transport:

STEP 1



STEP 2



STEP 3



STEP 4



STEP 5



<u>Step 1:</u> Flip Safety Lock Lever to unlock the Tiller

<u>Step 2:</u> Pull out Black Knob to allowing tiller mast to be lowered

<u>Step 3:</u> Move mast slightly to side of knee rest platform and release Black Knob

<u>Step 4:</u> Secure folded Tiller under the knee rest with Hook & Loop Strap.

<u>Note:</u> If the knee platform is in the lowest position, the mast will not tuck completely under the knee platform.

Step 5: Safety Lock Lever will be flush with base of tiller and the Black Knob will have clicked back into place securing tiller mast to base. Make sure the Hook & Lock Strap is wrapped securely around the frame below the knee rest.

DO NOT LOOSEN THE CAP NUT OF THE TILLER'S FOLDING MECHANISM. IT IS PRESET BY THE FACTORY TO PROVIDE THE REQUIRED TENSION WITHIN THE TILLER'S BODY TO SAFELY LOCK THE TILLER IN PLACE.

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